

## HEALTH AND SAFETY

Four Shires History prioritises the safety and well-being of everyone who participates in its events. We take seriously our duty of care. However, please be aware of the following health and safety disclaimer:

Tours, in particular, involve risks associated with outdoor activities. Risks include physical exertion, exposure to natural elements, and hazards such as slippery paths or encounters with wildlife. Please wear clothing and footwear appropriate for the experience and suited to the weather conditions of the day.

Participants are responsible for their own safety during a tour. They must follow safety guidelines provided, and use their own judgment to assess their capabilities and comfort levels. Before booking a tour, they should consider whether any health concern, including an allergy, may affect their ability to participate safely. If in doubt, they should contact Four Shires History about their concern in advance.

While Four Shires History takes reasonable precautions to ensure the safety of participants, we cannot guarantee absolute safety or eliminate all risks. Participants accept this, and release Four Shires History and those who work with it from any liability for personal injury, loss, or damage arising from participation in an event or tour.

By participating in our events, you acknowledge that you have read, understood, and accepted the terms of this health and safety disclaimer.